

# DAILY RAIDER

VOLUME I: EDITION 2

MARKING PERIOD 4

**Warwick High school: Home of the Raiders!**

**Congratulations Senior Class of 2016**



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Graduation is June 11th and it's going to be a blast! Congratulations to all of you that have made it through your high school career! Warwick High School has enjoyed having you with us over these four years. Each year has been a different experience. It is amazing to see so many students that have developed into bright and powerful young adults. You have set a high bar for the underclassmen. All of the staff members are very proud of you and excited to see you all to move on to your next adventures. We are also proud to see you all move

off to your colleges, jobs, or the military. This is now the last page of chapter one and soon you will begin chapter two and it will be even more exciting.

For your futures we wish nothing but the best for everyone. Please keep working hard throughout the rest of your lives because that's what got you to this moment. The hard work and dedication will give you sweet success. Soon you will be graduating from college and it will be another

er victory for you. Enjoy the time you have now because it will only get more challenging from here. Then it will be your time to shine and nothing can stop you, but yourself. Enjoy walking across the stage and receiving your diploma from Warwick High School. You are always welcome with us.



**SOL's and Exams Are Finally Over!**

We have all worked really hard for these SOL's and exams. We've stressed and study really hard. Many students stayed after school and went to Saturday school to prepare. Congratulations to all that passed and passed advance on their SOL's!



The Warwick High School staff is proud of all of you and thank you. To those who expedited or did not pass, let's try to work harder next year so we can be well prepared.

The students at Warwick High School are also very happy that AP and IB exams are over. They were pretty tough, but we persevered through the exam.

Although SOL's, IB exams, and AP exams are over, we need to get ready for our Semester Exams. We need to study hard, so we can get the grade that we dream for the semester.



## Do's and Don'ts of Summer

Summer vacation is nearly here and every student can feel their summer sunburns and humidity in the air. Despite the fact that your priorities might be less after the school year ends, there are still some things that you have to do!



Make sure that when you're under the summer rays that you wear tons of sunscreen. The sun is extremely damaging to skin cells and so you have to make sure that you maintain healthy skin care.

Now that the weather is warmer, it's the ideal time to treat yourself with some of your favorite juices and smoothies. Not only will you increase your daily fruit ingestion, but you'll also stay hydrated and improve your overall health.

To decrease your risk of suffering from heat stroke, try to exercise first thing in the morning, or early in the evening when the heat has plunged. To exercise in the summer, you must have a sense of your own limits and so don't push yourself too hard to get that summer body!



## Wise Ways to Wind Down for Summer?

As summer approaches most of us just want to get out of school go home and do nothing. The sad reality for the majority of people who wish to just wind down is that they don't know how. One of the best ways to wind down for summer is to be



active, once you get your mind off of the stresses of school, just hanging around becomes much simpler. Another way to just escape reality is to quite literally escape reality.

Try to just hang around your house



with a book or take it a step further and just watch T.V all day, and if that isn't enough to get you out of the school mindset Raiders, try hanging out with your family and friends because being around people you enjoy takes a lot of stress out of our life.



## Creative Community Service

Every person needs some hours for community service. The summer is the best time to get a lot of hours done. Sometimes we need to mix up the way we receive those hours to have better experiences. The best way to get multiple options would be by joining the Youth Volunteer Corps of Hampton Roads. Their motto is to be challenging, education,

rewarding and most of all FUN! That's what doing community service is all about: helping others while having fun. Other options would include volunteering at a homeless shelter, veterinarian offices, and helping with canned food drives. Community service will not only help you get all of your hours in, but as well as creating new friends and more opportuni-

ties. Have fun this summer helping others!



## Captain America: Civil War

Marvel makes things personal, and serves a smash hit. Adding a dark, conflicted touch to everyone's favorite caped crusaders seemed to be a money-making formula that couldn't fail- the Dark Knight Trilogy, Man of Steel, and X-men: Days of Future Past all made millions worldwide. However, the tragic tanking of Batman vs. Superman



proved that there is a limit to how much money brooding in tights can make. Yet still, Marvel hasn't hit a wrong note yet, with great

reviews coming from all major sources for their new project: Civil War. This new take on classic favorites (and a few new additions) pits Cap and Iron Man against each other with major firepower behind them, and has become a quick crowd favorite. New players such as Ant-Man, Black Panther, and Spider Man have changed the game for characters most fans will remember from Avengers: Age of Ultron, and the fight scenes only get better. Personally, my favorite is the battle in the airport terminal between all heroes on both sides, where spider man himself is introduced in the best way possible- but I won't spoil anything for you who

haven't seen it yet. While great fight scenes happen on the forefront, an awesome storyline runs in the background between Captain Steve Rogers and Tony Stark: the question of government control. Should superheroes be held accountable for the lives lost when they punch aliens through a wall? Do the feds have the right to make the decisions on what fights they take? Answer these questions and more for yourself, and see the new movie Captain America: Civil War in any major theater today.



## Looking Back: WHS Poetry Slam

Last month's Poetry Slam was a hit! Students Jalisa Waddell and Tera Meesawan tied for first place, while Delaney won second, and students from all grades enjoyed the artistic skill they all employed. Opening the program with a spoken word piece "Words," Nina Brewton, Warwick's guest judge and a local poet/author started the event off on the right foot, giving the students encouraging words to help their nerves. Other judges included Mr. Temple,

Ms. Faulk. Organizer Tera Meesawan is assured that with earlier preparation, and more students, next year will be even better. Congratulate our poetry slam winners as you see them on campus!



## #SummerBodyProbs

Looking to get fit over the summer, but can't find the motivation or tools you need? Check out these fitness apps to come back to school with the chiseled physique you desire.

Couch25K (iOS and Android)

Johnson and Johnson official 7-minute workout (iOS and Android)

BodySpace (iOS and Android)

TopRun (iOS)

## How to Prepare for the Next School Year

Now that the school year is over, you still need to make sure that you are prepared for the next year. To start, you need to make sure that you have done all of your summer assignments and go over the work that you have done this year. Then try to preview for the classes you will have next year, so it will be easier on you. Also think about going to summer school

for credit recovery or to get ahead. The best thing is to be ready than to be far behind. Lastly try to get all of your school supplies for the next year, so you can be prepared. Also make sure that you are ready to work hard because the Warwick Raiders are always up for a challenge. Have a great summer and come back ready to work!



## Warwick High School: Home of the Raiders!

Daily Raider,  
Visit Madame Flowers in room 107 to  
contact us!

WE WOULD ALWAYS LIKE TO  
HEAR YOUR IDEAS! IF THERE  
IS AN EVENT THAT YOU THINK  
IS NEWSPAPER WORTHY,  
PLEASE CONTACT US.

We are the Newspaper Club! We are here to recap the things that happened in the marking period and let you know what is coming up in the next one

### Officers:

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Parker Adams, Melaku Astatike, Jorge Bogan, Amanda Boyd, Oumou, Jordan Hampton, Mikayla Hampton, Abby Lunsford, Hannah Obershaw, Connie Robinson, Kailynn Rodriguez-Pagan, Sahara Swinton-Kertley, Kyra Warren, and Kimberlynne Watkins.

## Spectacular Summer Jobs!

Are you looking for a summer job? Is your wallet crying out to you that it wants to be fed? Well look no further! The following few jobs are not only easy, but also convenient and help you to build social skills! With little to no hassle, you can apply and await your chance to get some summer cash! All of the following require a minimum age of 16 years so start looking today!

**Child Watch Staff** @ the Hampton Family YMCA, Hampton, VA, USA- Under the supervision of the designated supervisor, and in harmony with the mission and purpose of the established policies and goals of the Peninsula Metropolitan YMCA, the Child Watch/Youth Watch/Teen Center Staff I shall be responsible for providing a safe, caring environment for the Child Watch/Youth Watch/Teen Center participants.

**Teacher Assistant** @ the Newport News Family YMCA, Newport News, VA, USA- Under the supervision of the Preschool Director, Teacher or designated supervisor, and in harmony with the mission and purpose of the established policies and goals of the Peninsula Metropolitan YMCA, the preschool teacher assistant shall be responsible for providing a safe, caring environment for the preschool participants in accordance with the Virginia Department of Social Services Child Care Licensing Standards and policies of the Peninsula Metropolitan YMCA.



**Member Services Staff** @ the Victory Family YMCA, Yorktown, VA, USA- Under the supervision of the Member Services Director or designated supervisor, and in harmony with the mission and purpose of the established policies and goals of the Peninsula Metropolitan YMCA, the Member Services I will be responsible for the delivery of an outstanding member experience.

These are just a few of the various jobs that are available for the youth. Take advantage of these opportunities and remember to have fun!

